



# Core Values Audit

To discover your **PERSONAL** values, look at the list below of more than 100 personal and work values. Tick your top 25. NB: This list is by no means exhaustive and can add to it accordingly

Accomplishment	Excellence	Love	Security
Achievement	Fairness	Loyalty	Self-giving
Accountability	Faith	Management	Self-reliance
Accuracy	Faithfulness	Meaning	Self-thinking
Adventure	Family	Modelling	Service
Attitude - positive	Flair	Money	Simplicity
Beauty	Flexibility	Openness	Skill
Calm	Focus	Orderliness	Solving Problems
Challenge	Freedom	Passion	Speed
Change	Friendship	Peace	Spontaneity
Collaboration	Fun	Perfection	Standardisation
Commitment	Global view	Personal Choice	Status
Communication	Good health	Pleasure	Structure
Community	Gratitude	Power	Success
Comfort	Greatness	Practicality	Teamwork
Compassion	Growth	Preservation	Technique
Competence	Happiness	Privacy	Timeliness
Competition	Hard work	Progress	Time management
Connection	Harmony	Prosperity	Tolerance
Cooperation	Honesty	Punctuality	Tradition
Coordination	Improvement	Purpose	Transformation
Creativity	Independence	Recognition	Tranquillity
Decisiveness	Individuality	Regularity	Trust
Delight of being (joy)	Inner peace	Relationships	Truth
Democracy	Innovation	Reliability	Unity
Discipline	Integrity	Resourcefulness	Variety
Discovery	Intuitiveness	Respect for others	Wealth
Diversity	Justice	Responsibility	Wisdom
Effectiveness	Knowledge	Results-oriented	
Efficiency	Leadership	Safety	
Empowerment	Learning	Satisfaction	

Once you have a list of 25 values, look at them again and then highlight 10 core PERSONAL values that are most important to you. Write them below:

## My 10 Core Personal Values

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |